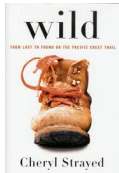


# Sports & Fitness

## Wild & Other Hiking Related Books



The Pacific Crest Trail is a 2,663 mile long trail reaching from the Canadian border in

northern border in Washington, through Oregon, to the Mexico border in southern California. Hiking this trail can take 4-6 months and it purposefully avoids civilization. The Cascade and Sierra Nevada mountains make for both difficult hiking and beautiful unspoiled scenery.

After a trying few years after the death of her mother, author Cheryl Strayed started her PCT trail hike despite her outdoor inexperience. Her book, *Wild: From Lost to Found on the Pacific Crest Trail* chronicling her hike came out this past spring and was well reviewed. I promptly put this book on my to-read list as doing a long hike lingers at the bottom of my life to-do list.

Looks like I will have to wait to read this memoir a little bit longer as this past week Oprah selected *Wild* as the first title of her new Oprah Book Club 2.0. As of this morning there were quite a few holds on this book, but I'm thinking the wait just might be worth it. **Read more »**

For the Love of Reading Information, Answers & Reviews Adventure Exercise How-to & DIY Memoir Science & Nature Sports & Fitness Wild : from lost to found on the Pacific Crest Trail  
Posted by Sarah B. on Jun 4, 2012 Sarah B.'s blog [Add new comment](#)

