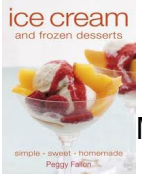
Paletas : authentic recipes for Mexican ice pops, shaved ice, and aguas frescas

We All Scream for Ice Cream!



Memorial Day weekend is right around the corner and hot days are near. For many people this means firing up the grill. Interested in shaking up your grill routine? The library has loads of cookbooks with many new ideas -- for both meat eaters and vegetarians.
Maybe grilling isn't your thing. Once the weather turns hot, and the fresh fruits start arriving at the Market and the grocery stores all I want to do is make ice cream. I recently checked out the excellent *Ice Cream and Frozen Desserts* by Peggy Fallon and marked about 20 pages of interesting and often easy recipes to try including Chocolate Chipotle Ice Cream, Black Forest Frozen Yogurt with Chocolate and Cherries, and Quick Caramel-Pecan Light Ice Cream. There are also chapters on sorbets and non-dairy frozen desserts.
The Ultimate Ice Cream Book by Bruce Weinstein delivers over 500 recipes covering many different types of ice creams, sorbets and granitas. He also gives ideas for recipe variations and toppings. Pictures aren't included, but this serves as a fairly straight forward reference and would be great for beginners.
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