

"Happier at home : kiss more, jump more, abandon a project, read Samuel Johnson, and my other experiments in the practice of everyday life " reviewed by Laura K on July 15, 2013

Your Name:

Laura Katerberg

Updated July 3, 2014

Phone:

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Book Title:

Happier at home : kiss more, jump more, abandon a project, read Samuel Johnson, and my other experiments in the practice of everyday life

Author:

Gretchen Craft Rubin

Why did you read it? Why did you finish it? Who would you recommend it to?:

I thought the title sounded intriguing so I picked it up. I finished it because it ended up being very thought-provoking. It inspired me to do some simplifying of my own. I would recommend it primarily to women - probably 20-65.

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