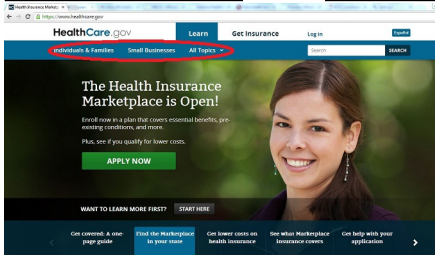


# Get to Know Your Health Insurance Options

Ready for the Health Insurance Marketplace? If your answer is "No", or "What's that?", then you may want to start exploring your options for health insurance under the Affordable Care Act. The Marketplace opens October 1st, 2013, but you have until January 1, 2014 to decide what options you want to choose. So, if you're wondering what to do, or if you just want to get more familiar with how this all works, you can visit [Healthcare.gov](http://Healthcare.gov), the federal web portal for health insurance. On that website, you will see many options under a tab marked "Learn". There you will find information, checklists, videos and other guidance for [individuals and families](#), [small businesses](#) and [other topics](#).



Below are a few places to learn more as well (some of these are buried down on the [Healthcare.gov](http://Healthcare.gov) website). We picked these because they provide concise, accurate and understandable information to help you learn how the marketplace works and what the processes are for getting coverage.

- [Ten Ways to Get Ready for the Health Insurance Marketplace](#)
- [Four Steps to Getting Covered in the Health Insurance Marketplace](#)
- [Indiana Health Insurance Consumer Help](#) (from the Centers for Medicare and Medicaid Services)
- [Healthcare.gov Glossary](#)

That last link is especially important because you will need to understand concepts such as premiums, deductibles, how much a plan will cost overall (out of pocket maximum), etc. If you want help signing up for health insurance, there are "navigators" who can assist. In Monroe County, you can call IU Health to set up a time to meet with a trained navigator, who can explain your options and help you enroll. To make an appointment with an insurance marketplace navigator, call the IU Health Individual Solutions office at 812-353-2020 or 1-800-313-1328. The office at [413 S. Landmark Ave.](#) operates from 8 a.m. to 4:30 p.m. Monday through Friday, though individual appointments may be available outside of those times.

Posted by Steve B. on October 1, 2013

## Blogs:

[Information, Answers & Reviews](#)

Links  
 [1] <https://mcpl.info/blogs/information-answers-reviews/get-know-your-health-insurance-options>  
 [2] <https://www.healthcare.gov/>  
 [3] <https://www.healthcare.gov/small-businesses/>  
 [4] <https://www.healthcare.gov/get-answers/>  
 [5] <https://www.healthcare.gov/blog/10-ways-to-get-ready-for-the-health-insurance-marketplace/>  
 [6] <https://www.healthcare.gov/blog/4-steps-to-getting-covered-in-the-health-insurance-marketplace/>  
 [7] <https://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants.html>  
 [8] <https://www.healthcare.gov/answers/>  
 [9] <http://go.gmaps/nuow>  
 [10] <https://mcpl.info/category/blogs/information-answers-reviews>