

## Bigger, stronger, faster\* [videorecording]

# Bigger, faster, stronger.

When it comes to focusing on body image and self esteem the media often discusses how this impacts women in negative ways. There's not a whole lot out there that focuses on men and their self image. Bigger, stronger, faster is a documentary that tries to do exactly that. By talking to various body builders, weight lifters and athletes we find that there exists this childhood yearning in some grown men to become the superheroes that they read about and admired when they were children. But what if those superheroes became number one by injecting themselves with anabolic steroids? If you found out that your favorite athlete was taking anabolic steroids would that change your opinion of him or her? Would you think of them as cheaters? These are some of the questions that this documentary tries to answer along with why people feel the need to alter their bodies to feel good about themselves. Check out the trailer below and if you like it, our library has two copies on dvd.

Posted by Burl C. on June 4, 2011

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